

Therapeutic Massage Package

Start your wellness program today with our Therapeutic Massage Packages! Experience the benefits of regular neuromuscular retraining combined with professionally recommended targeted stretching.

Package of Three Swedish Massages

Package of Five Swedish Massages

Package of Three Deep Tissue Massages

Package of Five Deep Tissue Massages

Nail, Hand and Foot Treatments

European Manicure

A classic manicure featuring a warm soak, cuticle care, nail shaping and hand massage. Followed with polish of your choice.

European Pedicure

A classic pedicure a warm soak, cuticle care, nail shaping, mask and foot massage. Followed by the polish of your choice.

French Manicure

Sophisticated, yet compliments any style, the French manicure remains a favorite. Perfection is achieved when the European Manicure is followed by an application of pale polish over the entire nail and white polish applied only to the tips.

Shellac Manicure

Innovative UV technology provides for chip free extended wear color. Shellac is hypo-allergenic, contains no formaldehyde, toluene or DBP and helps to protect and strengthen natural nails.

When booking your appointment please inform the reception staff if you presently have a Shellac Manicure, as additional time would be necessary for removal of this product.

Anti-Aging Hand

Treatment with Manicure

All elements of a classic manicure are included, combined with an exfoliating and deeply hydrating hand treatment. Your hands will look and feel party ready.

Perfect Sense Paraffin Treatment

Heated, individually scaled gloves and slippers encased in premium aromatic paraffin effectively work to moisturize and soften the skin.

Hands

Feet

Hands & Feet

Paraffin treatments make great additions to most any Facial or Body Treatment.

Facials

Classic

This deep cleansing facial is customized to address your specific needs. The facial includes a skin analysis, deep cleansing, steam, extractions, mask and luxurious massage for the face and décolleté. Skin is properly balanced, revealing a healthy, radiant appearance.

Vitamin C Infusion Facial

Reverse free radical damage of environmentally stressed skin. Designed to repair and protect while improving hyper pigmentation, texture and cellular hydration.

Renewal Firming Facial

Specifically designed to intensely hydrate dehydrated, hormonally imbalanced, lack-luster skin. The facial includes firming treatment mask and eye renewal mask. Skin feels healthier, smoother and more radiant looking.

Acne Facial

Our professional strength acne treatment features exfoliating fruit enzymes that provide for deep pore cleansing, extraction without irritation, soothes redness and inflammation while reducing acne blemishes and improving overall skin clarity. This powerhouse acne treatment is also available to help control breakouts on the back and décolleté.

Décolleté

Décolleté combined with facial

Back Treatment

Back Treatment combined with facial

Facial Rejuvenator

Regain your radiance with our Pomegranate Pore Cleansing Facial Rejuvenator. Fights free radical damage and restores smoothness. Great for teens, young adults and individuals interested in boosting the benefits of their homecare regimens or can be used to refresh your complexion in between full service professional treatments.

Hydrolyte Moisture Infusion Facial

This unique intensely hydrating Facial infuses the skin with essential nutrients to increase cellular hydration, provides barrier repair and works to soothe dry dehydrated skin. Your facial includes a take home hydration boosting product that maintains optimal hydration for the next 48 to 72 hours.

Advanced Facial Treatments

Advanced Anti-Aging Facial

Ultrasonic cleansing begins this scientifically advanced Anti-Aging Facial that features Murad's IP5 Illuminating Power Peel. Five exfoliating and brightening ingredients work synergistically to rapidly resurface the epidermis while plumping microspheres and hydration restore tone and texture. A specialized Firming and Brightening Eye Treatment and mask is included as well as a mini Lumilift Treatment for maximum cellular rejuvenation. Your skin will be restored and you will look radiant.

Spray Tanning

Our customized, sugar cane based, streak free Envy Tan formula contains skin firming anti-aging ingredients that helps to disguise the appearance of imperfections and offers a sun kissed glow without the harmful effects of UV tanning.

Full Body Envy Spray Tan

Face, Neck and Chest Envy Spray Tan

Purchase a series of six Spray Tan Treatments for the price of five

Purchase a series of eight Spray Tan Treatments for the price of six

Facial Exfoliating Pre-Tan Treatments

Body Exfoliating Pre-Tan Treatments

Hair Removal and Waxing

Our azulene wax treatments are safe and gentle on the skin. However, we do not recommend waxing the skin when currently using or having had recent exposure to Retina A, Accutane, any skin exfoliants or blood thinning medications. Please notify your esthetician prior to treatment if you have had a history of using any of these products.

Eyebrows	Back
Lip	Brow Tweezer
Chin	Forearm
Brow, Lip & Chin	Underarm
Back	Half Leg
Bikini	Full Leg
Bikini & Full Leg	European
Bikini & Half Leg	Patch

Make up Consultation

Look your very best with professional make up instructions that compliments your hair and skin tone. Learn the basics from flawless application to creating your own unique look that best conveys your personality.

Bridal Make Up

Lash Extensions

For that special occasion or just because Lash Extensions create a dramatic effect that accentuate the eyes.

Ultrasonic Facial

Non-invasive facial rejuvenation, the Ultrasonic facial is considered the "sound wave" of anti-aging. Utilizing low frequency, the ultrasonic current creates a mechanical cleaning action on the skin's surface that breaks up impurities for a deep pore cleansing, thorough exfoliation with no irritation, provides molecular penetration of nutrient rich products and heals the skin with microamp therapy. This facial addresses many skin concerns and can be tailored to combat aging skin, reduce wrinkles, improve acne, manage rosacea and is proven to revitalize the tone and texture of the skin. Recommended to use alone or as a treatment add on for a Lumifacial or Lumilift treatments. Ultrasonic Facial Series include 6 sessions offered at a special price.

Lumilight Treatment

Experience younger looking skin naturally with L.E.D. Light Therapy. This non-invasive photo rejuvenation treatment targets common skin problems such as acne, redness and uneven pigmentation. During the treatment a wrap around light panel is positioned in front of your face. Next, a specific light energy is selected for your skin type and condition. Return to your normal routine with radiantly healthy looking skin.

You will see noticeable improvement after just one treatment. For optimal results, a series of 6 treatments is recommended at a special price.

Lumilift Treatment

The Lumilift procedure is a revolutionary way of rejuvenating the skin and lifting sagging muscles. Specifically, designed lifting electrodes transmit light energy deep into the skin to increase the production of collagen and elastin. These lifting electrodes simultaneously transmit impulse micro-currents which harmonize with the body's natural bioelectric currents achieving visible lifting results, tightening the facial contour, and slowing the aging process. The non-invasive, non-thermally damaging Lumilift restores a natural youthful appearance to the skin. You will see noticeable improvement after just one treatment. For optimal results, a treatment series of 6-10 sessions is recommended based upon your desired outcome and skin condition. The Lumilift is further enhanced when paired with an Ultrasonic service and/or combined with a Lumifacial treatment. Lumilift series include 6 treatments offered at a special price of \$875.

Elemis Facials

Visible Brilliance Facial

This anti-aging face and eye treatment instantly firms, rejuvenates and plumps the skin, while helping to reduce dark under eye circles.

Pro-Collagen Quartz Lift Facial

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improves skin firmness by up to 57%. Optimizes cellular respiration & regeneration for a firmer, more youthful appearance.

Enhance Your Experience

Before your treatment, plan on arriving 30 minutes prior to your scheduled appointment to allow yourself time to relax and unwind in our beautiful Tranquility Lounge. Be sure to delight your senses with a Steam Shower and Sauna as they are available to all our Facial and Body Treatment guests. Allowing ample time before treatments will ensure that you receive your full service time, as treatment time for late arrivals may be shortened.

Disrobing for Spa services is at your discretion. All of our estheticians and therapists are licensed and certified and have been trained in professional draping techniques to ensure your privacy.

Please notify our Spa staff at the time of service of any medical conditions, medications, allergies, or injuries that could affect your treatment.

Spa Policies

Use of the sauna is reserved for guests 16 and older. All services and prices are subject to change. For groups of two or more, we require a name, telephone number and credit card when booking appointments. Because your appointments are reserved specifically for you, we require that you notify us 24 hours in advance should you need to cancel or reschedule an appointment. Cancellations or changes with less than 24 hours notice will be charged at half of the service. All no shows will be charged at half of the scheduled service.

Please no children or cell phones in Spa area

Hours of Operation:

Tuesday and Friday 9-7
Wednesday and Thursday 9-9
Saturday 8:30-5

The Spa at Charles David is located at

Charles David Salon
222 Webster Street (Rt. 123)
Hanover, MA 02339
781-982-1224
or visit us at:
www.charlesdavidsalon.com

Tri-Enzyme Resurfacing Facial

Get noticeably smoother more radiant skin with this age-management resurfacing facial. Increases skin smoothness up to 32% and resurface up to 75%.

Oxygen Skin Calm Facial

Comfort stressed, irritated and sensitive skin with this superior face and eye treatment. Gentle massage movements are combined with calming ingredients and a restructuring Japanese Silk Mask, impregnated with a Skin Calming Serum help to rebalance delicate complexions.

Fruit Active Glow Facial

Renew vital radiance with this deep cleansing, nourishing facial that incorporates Eastern massage movements. Healthy glowing skin will be yours to behold.

Herbal Lavender Repair Facial

Deep cleansing facial draws out skin impurities, reduces unwanted shine, refines pores and treats breakouts.

Exotic Moisture Dew

Following a specialist facial massage, the skin is fed with thirst quenching nutrients that restores a dewy, youthful look to the skin.

Maximize the results of your Facial with a Skin Specific Add on Treatment. Our skin care professionals will recommend the most beneficial treatment for your skin. Skin Specific Add on Treatments include Ultrasonic Cleansing, Glycolic Treatments, Eye Treatments, Ampoules and Specialty Masks. Skin Specific treatments range from \$10.

Body Treatments

Back Facial

Treat your back area to a deep cleansing, steam exfoliation, extraction, masque and relaxing massage. Leave feeling confidently fresh and clean with caressively smooth skin.

Sea Spa Salt Glow

A complete body exfoliation that removes dry rough skin. This refreshing body scrub restores minerals and moisture. From head to toe you will be glowing.

Spa Ritual Aura Balance

Body Ritual

Slough away dry skin with this customized aroma therapeutic micro-algae and mineral salt treatment that balances the body's full chakra system. Choose your intent...Relax, Uplift and Inspire. Let your journey begin to healthier skin.

Exotic Frangipani

Nourishing Body Wrap

Aromatic Tahitian and Frangipani flowers are soaked together to produce the Monoï which is poured all over the body and then cocooned in a nourishing foil wrap. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.



The Spa
at
Charles David

*Indulge your senses and rejuvenate
your body and mind.*

*This unique retreat nestled in the
prestigiously awarded
Charles David Salon
on Massachusetts' South Shore
allows you to escape to a world of complete serenity.*

*We help you reconnect with yourself through serene
surroundings, therapeutic treatments, and our caring
knowledgeable staff that is dedicated to your every need.*

*Relax, Reflect, Reconnect with yourself
to better enjoy the world around you...*

Massages

Head, Neck and Shoulder Massage

Release tension in your head, neck and shoulder areas with concentrated massage then employs a variety of specific techniques to target problem areas. De-stress your body while waiting for your manicure or pedicure to dry.

Swedish Body Massage

Relieve muscle tension and promote relaxation with our full-body Swedish Massage. Indulgent and utterly relaxing, it stimulates circulation and soothes tight muscles. Great for first-time spa go-ers.

Deep Tissue Massage

Excellent for ridding the body of tension, releasing tightness and muscle pain. Designed for individuals desiring more detailed work on specific muscle groups.

Hot Stone Massage

Warm, smooth stones act as extensions of the therapist loving hands to bring relief to tense muscles, sore joints and stressed emotions. Experience a sense profound relaxation utter bliss with this marvelous muscle meltdown.

Aromatherapy Massage

This fragrant full body treatment is the ultimate escape from the everyday world. Essential oils will nourish the skin, eliminate toxins, and strengthen the immune system while contributing to a desired equilibrium of mind, body and spirit.

Prenatal Massage

Soothe your aching muscles and give a loving treat to both you and your baby. Your therapist can adapt your massage to any stage of pregnancy. Improve your overall sense of well being and labor outcome with regular therapeutic massages.

Side by Side Massage

Share the Spa at Charles David massage experience with someone special. Perfect for couples or friends who want to share the experience together. Two therapists and two tables are used during companion services.

Reflexology Massage

Access your body's natural healing power with this ancient therapeutic techniques that applies pressure to areas of the feet and hands to help relieve tension, and reduce pain. Improves organ and glandular functions while restoring harmony to your body, mind and spirit.

Cupping

Considered the best deep tissue treatment to remove external toxins from the body and to treat back, neck, shoulder and other musculoskeletal pain.

* Add Cupping to your Massage of choice.